



## **Introduction for Emcee**

(for Impostor Syndrome topics)

(Please read exactly as written unless Maureen provides changes.)

Let me begin with a few questions:

Have you ever thought you don't deserve your success?
Do you second guess your abilities?
Would you like to be free from these crippling self-doubts?

If you answered yes to any of those questions, you probably struggle with Impostor Syndrome. AND you are in the right place!

Our next speaker is a former engineer, and was the youngest, and first female manager of NASA's Propulsion Systems Laboratory, where she spent 13 years conducting jet engine research. She's now an author and award winning speaker, as well as a mom to 2 college students. In fact, she says "Raising kids is WAY HARDER than jet engine research. WAY HARDER!"

Like many successful people, she battled the internal voice that whispered "You are not as smart as everyone thinks you are." She's since developed strategies that will help you overcome that crippling voice so you can feel great about being great.

Helping us to match confidence to competence, please join me in welcoming from Las Vegas, Nevada, author, speaker and unimpressively-average golfer, Maureen Zappala. (zuh-PAH-luh)

